Mentoring Students

From the Front Lines

PSU University Days
2017 -2018
MENTORING

...“consistent support creates a safe climate in which students can take risks and do the work of developing personally and professionally” (Johnson, 2007, p. 49)
The work of a mentor in higher education is not confined to one particular set of questions or goals. Mentors ADVISE students on making appropriate academic choices and building effective relationships with peers. Mentors COUNSEL students on developing goals and action plans toward achieving careers, and serve as sounding boards during good times and bad. Mentors COACH students on transitioning effectively into college, learning how to be successful there, and then transitioning into the “real world.”
MENTORS DO . . .

- Ask thought provoking questions
- Practice active listening
- Provide objective feedback and guidance
- Model effective behaviors
MENTEEES are asked to...

- Articulate the problem/issue/situation
- Identify goals and concrete action steps
- Work through goals and actions
- Reflect on key learning moments
BECOMING BETTER MENTORS

- Recognize the ways we already mentor students
- Visibly welcome students
- Learn to focus on a few key questions
Most of what students need from the faculty is someone to listen to them, without interrupting, and to ask questions to focus on what they can do next to reach their goals.
RESOURCES


Knipplemeyer, Sheri and Torroco, Richard. “”Mentoring as a Developmental Tool for Higher Education.”


RELATED MATERIALS

- National Survey of Student Engagement: The College Student Report
  Survey mechanism used to measure the level of student participation at universities and colleges in Canada and the United States as it relates to learning and engagement.

- Mentoring as a Developmental Tool for Higher Ed
  Considers mentoring amongst faculty relationships. Focuses on success of new faculty through mentoring relationships with tenured colleagues.

- Ten Steps to Better Student Engagement
  Project-learning teaching strategies can also improve your everyday classroom experience.
  https://www.edutopia.org/project-learning-teaching-strategies

- Diversity At Work: HR Toolkit
  Inclusive language guidelines
  Hrcouncil.ca

- 7 Easy Steps for Inclusive
  Guidelines for reference in PDF format.
  https://case.edu.lgbt/media/caseedu/lgbt/documents/resources-for-allies/communications.pdf
WHAT I READ THIS SUMMER

- Teaching With Your Mouth Shut
  Author: Peter Elbow
  ISBN: 0-86709-469-9

- An Autobiography: Push Comes to Shove
  Author: Twyla Tharp

- The Accidental Mind: How Brain Evolution Has Given Us Love, Memory, Dreams and God
  Author: David Linden

- Habits of the Mind: Ten Exercises to Renew Your Thinking
  Author: Dr. Archibald Hart
  ISBN: 0-8499-1219-9

- Thinking Body, Dancing Mind: Tao Sports for Extraordinary Performance in Athletics, Business and Life
  Author Chungliang Al Huang and Jerry Lynch
  ISBN: 0-553-37378-1