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December Health & Human Enrichment Cluster Minutes

Plymouth State University

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Health and Human Enrichment  
Strategic Cluster Conversation Series  
Tuesday, December 15, 2015  
Frost Commons  
4pm-6pm  

Facilitated by Julie Bernier, Provost and Vice President for Academic Affairs

Attendees: Kathy Patenaude, Donna Driscoll, Shannon Rogers, Kathy Tardif, Annie Hager, Heather Doherty, Maria Sanders, Nancy Puglisi, Sandra Gamble, Donna Toohey, Mike Son, Steve Whitman, Kayla Grimes, Danielle Mishkit, Leslie Castonia, Kathleen Herzig, Catherine Todd, Becky Busanich, Margie King, Ryanne Carmichael, Pam Alde, Lynn Johnson, Mardie Burkes-Miller, Karolyn Kinane, Linda Levy, Patrick May, Cynthia Vascak, Amelia Rowland and Kara Barker

Agenda

- Moved to bigger room thank you
- Ground rules
- Introductions
- Excitement brains storming ideas connection
- Questions

Julie offered the power point but stated that we would not go through it slide by slide, directed group to look at the HHE Wordle.

Julie asked the group to identify current projects that are already happening, the following were identified:

Partner with Speare on Alternative Medicine
Genetics of cardiovascular disease
CALHC-Healthy PSU
Clinical Supervision Model
Happiness Quest Project

Julie then asked participants to identify current partnerships and potential future partners:

Partner with Speare on Alternative Medicine
Speare, PATH/OATH, Yoga professionals, acupuncture, Alternative practitioners, Residential life, Redwood project

Genetics of cardiovascular disease
Heather’s project—getting samples, cardiology course, mathematical computations in research, Cornish model, private sector connections, CMC, Social work program, AllWell-teaching kitchen—cooking for heart health, Nursing research methods course, Nursing lab simulation.
**CALHC-Healthy PSU**


**Clinical Supervision Model**

*Springfield College, SQF model,* Athletic training, speech and language pathology, faculty could learn model, test model and determine if it impacts student learning outcomes, does it encourage autonomy? Counseling, Nursing, PT, and office that employ student workers.

**Happiness Quest Project**

*Seminar spec. topic course on happiness,* Healthy PSU, Center for the Environment, socio-economic class, community health partners

Julie then asked the group to brainstorm new ideas and BIG ideas.

**New Ideas:** All community incident/disaster model/drill involving Nursing, Homeland Security, EMS, Justice and Security Cluster, community planning. Encouraged to connect with Katie Caron and Steve Temperino.

Senior Citizens Outreach, Community service, Health promotion students, nursing, gerontology, comfort keepers, pre-med students.

One stop health and wellness. One building for spiritual health, physical health, and mental health.

**BIG idea:** Sustainable model of what a community looks like, how to recreate communities—tiny homes, smaller hubs of communities that are self sustaining.

- Bring together global wellness
- Built community—walking, food, environmental planning, sustainable—ECO House
- Overlap of clusters and projects “permeable”

**Next Steps: What do you need?**

- Work space to meet and discuss
- Time/Scheduling/Policies—credit models
- Administrative support—large shifts—current culture needs to change. We are ALL teachers and ALL learners
- Organizational values that align with what we do
- Pedagogical shifts—do we need to think about how we teach and do we need to be trained?

Committee is currently working on the project proposal process. They will be asking for proposals Jan/Feb. and hope to make decisions around April.

Julie adjourned the meeting to allow participants to connect about project ideas that were proposed during the meeting.